

Kogan Page coaching – we want you to connect with us!

I'm lucky to work with some of the very best coaching titles around, written by leading authors whose names are synonymous with expert advice. And we can promise lots more titles in development right now that we think you'll want to hear about. To celebrate our coaching list, to thank our inspirational authors, and to invite you to be a part of a dynamic coaching network, we're launching three new initiatives in 2012:

- **NEW Coaching eNewsletter** – 6 issues a year delivered to your inbox and featuring exclusive articles and personal recommendations from our authors as well as details of our latest coaching titles, news of events (and discounted prices for subscribers) AND ...
- ... our **NEW Kogan Page Coaching Book Club**. The Book Club will put six titles in the spotlight per issue at a minimum of 20% discount off the RRP. No strings, no commitment, just a great way of keeping abreast of new books in your field.
- We already work closely with the **Association for Coaching** and with **Coaching at Work** magazine, just as you'd expect, but those partnerships just got closer and you'll see us working together even more to bring great coaching resources to our readers, members and subscribers at every turn.



Martina O'Sullivan

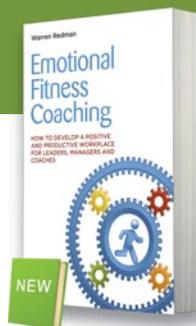
Commissioning Editor
Coaching, Human Resources and Organizational
Development

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To celebrate our new Book Club and to show you how it will work, take a look at the 10 titles inside and see what you'll be saving if you buy them before the end of July. Don't miss out on future offers: sign up to our Coaching eNewsletter today at www.koganpage.com/coaching

10 OF THE BEST COACHING TITLES



Emotional Fitness Coaching

How to Develop a Positive and Productive Workplace for Leaders, Managers and Coaches

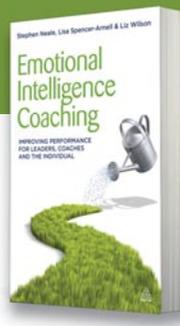
Warren Redman

A toolkit for applying emotional intelligence techniques by an expert with 16 previous books to his name. Tools – including Power Listening, Learning from Experience, and the power of Group Dialogue – are described with case examples. Exercises help you to apply them to your own context.

"An accessible and engaging read that will help any leader, and aspiring leader, get a handle on some of the 'soft skill' competencies critical to their success."

Steve Mitten, former President of the International Coach Federation

June 2012 • PB • 240 pages
978-0-7494-6556-8 • RRP £24.99/OFFER £19.99



Emotional Intelligence Coaching

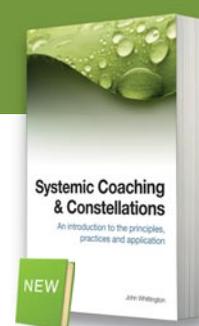
Improving Performance for Leaders, Coaches and the Individual

Stephen Neale, Lisa Spencer-Arnell and Liz Wilson

"The authors illustrate the points they are making very clearly with numerous examples, short stories and illustrative questions to help aspiring coaches to develop their understanding or existing coaches to refine their approaches."

Sir John Whitmore, Executive Chairman, Performance Consultants International

September 2011 • PB • 240 pages
978-0-7494-6356-4 • RRP £24.99/OFFER £19.99



Systemic Coaching and Constellations

An Introduction to the Principles, Practices and Application

John Whittington

Coaching, whether focused on individual or team, is often underpinned by an unspoken hope that if only we are clear about values, intention or goals everything will be possible. Goal clarity, emotional intelligence and many other approaches add value, however the hidden dynamics in human systems need illuminating and resolving if they are to find balance and remain in flow.

Packed with practical exercises and case studies from around the world, this book will appeal to coaches who know that there is something else, something in the system.

June 2012 • PB • 248 pages
978-0-7494-6537-7 • RRP £29.99/OFFER £23.99



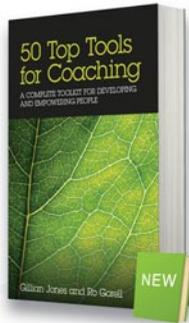
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50 Top Tools for Coaching

A Complete Toolkit for Developing and Empowering People
2nd Edition

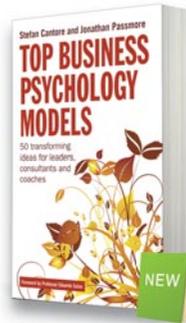
Gillian Jones and Ro Gorell

"I love the fact that I can either dip in to find a suitable tool for a given coaching scenario OR have the option to create a whole coaching process."

Carolyn Trafford, Coach

This complete toolkit covers all key areas you need including: setting up and managing the coaching relationship; understanding and resolving problems and conflict; increasing confidence and enhancing performance; communication and influence and developing a leadership style.

August 2012 • PB • 208 pages
978-0-7494-6600-8 • RRP £24.99/OFFER £19.99



Top Business Psychology Models

50 Transforming Ideas for Leaders, Consultants and Coaches

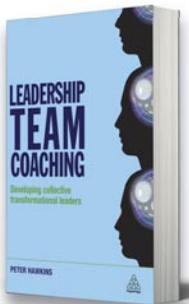
Stefan Cantore and Jonathan Passmore

Foreword by **Professor Eduardo Salas**

50 questions under the headings: *The Individual at Work, Team Effort, and Organizations*, are each addressed by a jargon-free model. Includes:

- How do we understand different types of people?
Myers-Briggs Type Indicator (MBTI)
- How do groups develop to become effective?
Tuckman's group development
- How can you make work less stressful?
The vitamin model of stress.

July 2012 • PB • 240 pages
978-0-7494-6465-3 • RRP £24.99/OFFER £19.99



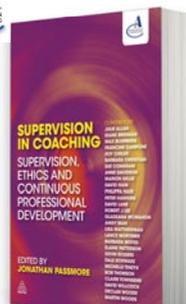
Leadership Team Coaching

Developing Collective Transformational Leadership

Peter Hawkins

Provides the practical tools and techniques to facilitate effective team performance, with guidance on all the key areas of team coaching, including coaching the board and supervising team coaching and how a team can engage effectively with key stake holders in a collective manner. With numerous examples and informed by the latest research.

April 2011 • HB • 248 pages
978-0-7494-5883-6 • RRP £24.99/OFFER £19.99



Supervision in Coaching

Supervision, Ethics and Continuous Professional Development

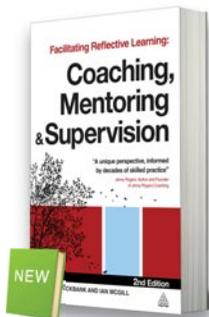
Edited by **Jonathan Passmore**

"The expertise of the contributors to this book provides a rich range of perspectives. You leave most chapters with some deep questions to ponder and some practical actions to pursue; in this the editor has done a sound job of creating a consistency of style across a broad range of authors, while allowing their personal voices and preferences to come through."

Amazon customer

July 2011 • PB • 352 pages
978-0-7494-5533-0 • RRP £24.99/OFFER £19.99

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Facilitating Reflective Learning: Coaching, Mentoring and Supervision

2nd Edition

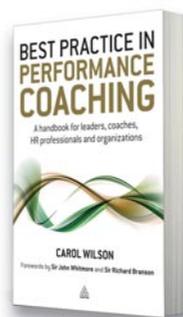
Anne Brockbank and Ian McGill

"Advice and activities which will help readers hone their coaching and mentoring skills ... The case studies demonstrate how well the authors know this field, and will reassure readers that they are not alone when they find such a complex area of human activity so challenging."

Professor Yvonne Hillier, City University (of the first edition)

Ready-to-use resources include templates for contracting, reviewing and evaluating, as well as guidance on group dynamics for team coaching and group supervision.

July 2012 • PB • 336 pages
978-0-7494-6507-0 • RRP £34.99/OFFER £27.99



Best Practice in Performance Coaching

A Handbook for Leaders, Coaches, HR Professionals and Organizations

Carol Wilson

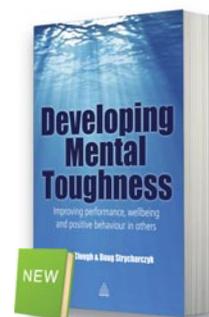
Forewords by **Sir John Whitmore** and **Sir Richard Branson**

"With insights into the best coaching tools and techniques, there are plenty of coaching nuggets, too! A must read for professional coaches, internal coaches, or anyone entering this emerging profession."

Katherine Tulpa, Chair and co-founder Association for Coaching

Includes advice on how to create a coaching culture, train managers as coaches and run a coaching practice. Complete with worksheets and exercises, evaluations and international case studies.

October 2011 • PB • 256 pages
978-0-7494-6354-0 • RRP £24.99/OFFER £19.99



Developing Mental Toughness

Improving Performance, Wellbeing and Positive Behaviour in Others

Peter Clough and Doug Strycharczyk

Tracing its development from sports psychology into the world of business, health and education, this is the first book to look at mental toughness and its application at the organizational level. Written for anyone coaching individuals and teams, it contains practical guidance on delivering techniques that will radically improve people's abilities to harness the effects of stress and pressure. Full of sample exercises and case studies, it also features the Mental Toughness Questionnaire – a unique self-assessment tool to determine your mental toughness score.

February 2012 • PB • 304 pages
978-0-7494-6377-9 • RRP £34.99/OFFER £27.99

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